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- 1545 Prostate-Specific Antigen Test (PSA Test)
- 2031 Hair Loss
- 2032 Erection Problems
- 2034 Benign Prostatic Hyperplasia (Enlarged Prostate)
- 2036 Testicular Problems
- 2167 TURP for BPH
- 2173 Vasectomy - Permanent Sterilization

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- 1071 Dementia
- 1230 Domestic Violence
- 1240 Child Abuse and Neglect
- 1845 Stress and Distress
- 2051 Obsessive-compulsive Disorder
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- 1800 Skills for Making Wise Health Decisions
- 1801 Work in Partnership with your Doctor
- 1802 Finding a Doctor Who Will be a Partner

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- 1836 Physical Activity for Older Adults
- 2004 Medication Problems in Seniors
- 2006 Prevent Medication Errors
- 2240 Hospice Care
- 2245 Care at the End of Life
- 2251 Healthy Aging
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- 1848 Sexually Transmitted Diseases
- 1957 HIV Infection and AIDS
- 2307 Chlamydia
- 2308 Genital Herpes
- 2309 Genital Warts
- 2310 Gonorrhea
- 2311 Syphilis
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- 2600 Birth Control

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- 1129 Skin Cancer
- 1273 Lice
- 1296 Scabies
- 1755 Blisters
- 1785 Ingrown Toenails
- 2330 Acne
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- 2333 Cold Sores
- 2334 Dandruff
- 2336 Atopic Dermatitis
- 2338 Hives
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- 2352 Sunburn
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- 2400 Sleep Problems
- 2403 Sleep Apnea
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- 1111 Ovarian Cancer
- 1112 Polycystic Ovary Syndrome
- 1211 Multiple Pregnancy: Twins or More
- 1504 Gestational Diabetes
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- 1544 Pelvic Exam and Pap Test
- 1548 Ultrasound for Normal Pregnancy
- 2033 Infertility
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- 2172 Tubal Ligation
- 2312 Pelvic Inflammatory Disease
- 2426 Precautions During Pregnancy
- 2640 Bacterial Vaginosis
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- 2650 Menopause & Perimenopause
- 2651 Hormone Replacement
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- 2700 How to Make a Healthy Baby
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- 2714 Amniocentesis
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- 2724 Premenstrual Syndrome
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- 2751 Breast Feeding
- 2752 Complications after Delivery
- 2754 Labor, Delivery, and Postpartum Period
- 2755 Mastitis While Breast-Feeding
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Listen up!

Whether your child's running a fever or you just want to know more about a disease you heard about on the news, chances are the topic can be found in our extensive **AudioHealth Library**.

This no extra charge service lets you listen to recorded messages on hundreds of health conditions. Simply call the toll-free **24/7 NurseLine** number, located on the back of your ID card, choose "listen to tapes" and enter the four-digit number for one of the topics you'll find listed here.

Were you recently diagnosed with Type 2 diabetes? Press 1503 to learn more about your condition. Want to know what to expect from your upcoming knee replacement? Try 2163. Ready to stop smoking? 1841 could be your lucky number.

The AudioHealth Library is always open to serve you with information in both English and Spanish. Because knowing how your body works is the first step toward feeling great.

Empowering you to make the health care decisions that are right for you.



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1451 Constipation
1618 Crohn's Disease
1260 Dehydration
1452 Diarrhea
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1402 Food Poisoning
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1612 Gastroesophageal Reflux Disease
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2576 Kidney Stones
1462 Nausea and Vomiting
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2257 Urinary Incontinence
1291 Urinary Tract Infections in Teens and Adults

Allergies

1000 Allergies
2770 Drug Allergies
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Back and Neck Pain

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Bone, Muscle and Joint Problems

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1031 Juvenile Rheumatoid Arthritis
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2106 Muscle Cramps and Leg Pain
2259 Osteoarthritis
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2169 Rotator Cuff Repair
1456 Sports Injuries
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1461 TM Disorder

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1105 Cancer Pain
1110 Colon Polyps
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Chest, Respiratory and Circulatory Problems

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1908 Atrial Fibrillation (irregular heartbeats)
1983 Bronchitis
1915 Cardiac Rehabilitation
1903 Causes of Heart Attack
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1976 Chronic Obstructive Pulmonary Disease (COPD)
1400 Colds
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1401 Influenza (Flu)
1648 Laryngitis
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1911 Pacemakers
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1959 Living with HIV Infection
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1501 Type 2 Diabetes: Living with Complications
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1453 Benign Paroxysmal Positional Vertigo
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2003 Cough Preparations
2002 Decongestants
1270 How to Take a Temperature
2001 Pain Relievers
1758 Self-Care Supplies

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2753 Bottle-feeding
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1080 Dyslexia
2436 Fetal Alcohol Syndrome
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1267 Fifth Disease
1268 Growth and Development of the Newborn
1269 Hand-Foot-Mouth Disease
1837 Healthy Eating for Children
1272 Impetigo
1274 Measles
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1280 Pinworms
1259 Reye's Syndrome
1283 Roseola
1284 Rubella (German Measles)
1287 Sudden Infant Death Syndrome (SIDS)
1288 Teething
1247 Temper Tantrums
1292 Thrush
1289 Thumb-Sucking
1290 Toilet Training
1293 Urinary Tract Infections in Children

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1408 Avian Influenza (Bird Flu)
1951 Infectious Mononucleosis
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1965 West Nile Virus

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1833 Be Physically Active
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1964 Relaxation Skills
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1532 Exercise Electrocardiography
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